

Know the Facts...



Special Olympics
District of Columbia

HISTORY

Special Olympics District of Columbia (SODC) was started in 1969 by the Downtown Jaycees, incorporating in 1971 as a 501 (c)(3) non-profit organization. SODC is the sole provider of sports and fitness training, health screenings and competition for citizens with intellectual disabilities in the District of Columbia.

PROGRAM

SODC provides the opportunity for some of the District's most vulnerable citizens to challenge themselves, experience success and receive positive reinforcement for effort, with tangible rewards. SODC provides everything needed to deliver a high quality athlete experience including uniforms, referee, coach and volunteer shirts, transportation, facility rental, insurance, equipment, awards and medals; all at no cost.

SODC programs transcend boundaries of gender, race, religion and financial status to make unique contributions to this traditionally underserved and overlooked segment of our community. With thousands of athletes, families, volunteers, donors and supporters, the programs of SODC touch 1 of every 5 families in the District of Columbia. SODC offers superior training and meaningful competition in:

Aquatics, Basketball, Bocce, Bowling, Golf, Soccer, Speed Skating, Tennis, Track & Field, Volleyball and Motor Activities Training Programs that address various levels of ability

SODC athletes come from public schools, group homes, agencies and associations serving citizens with intellectual disabilities in some of the most economically-challenged neighborhoods in the United States. Studies show that participation in Special Olympics improves quality of life, provides measurable, health-related benefits, and develops life skills that directly affect academic and employment achievement, increase self-esteem, dignity and self respect.





GOAL

The programs of SODC strive to provide opportunities for individuals with intellectual disabilities to demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics Athletes and the community at large.

For up-to-date information on programs, to volunteer, or to offer support go to www.specialolympicsdc.org



ACCEPTANCE
Be a fan of
RESPECT
INCLUSION
UNITY